

Volleyball-Indoor

1. Age Categories: One age group 55+
2. Events: Men, Women, and Mixed

This three day tournament will take place on Thursday, Friday, and Saturday. A Wednesday start may be needed according to the number of teams registered.

3. Participation:

- (a) Each Zone may send an unlimited number of teams. Each team must register a minimum of eight (8) players, (mixed teams four (4) female and four (4) male players) to a maximum of 12 players. Teams may also nominate a non-playing Coach or Manager
- (b) All Participants shall have available photo I.D. with proof of age.

4. Competition:

- (a) The Round Robin draw and games schedule must be completed prior to accreditation day. Some teams may be required to play on Wednesday. They will be notified beforehand. Each team is guaranteed a minimum of five (5) matches.
- (b) A Round Robin or Division of play will be determined based on enrolment.
- (c) All matches will be 2/3 games with the third game to 15. The first two games will be to 25 and the team must win by a minimum of two points.
- (d) If we use a Round Robin format, the top two teams will play for Gold and the third and fourth teams will play off for Bronze.
- (e) If we have two Divisions, the teams will be selected by a draw or by a designated seeding committee. Each Division will play a complete Round Robin. The top teams from each Division will play off for Gold and Silver and the second place teams from each Division will play off for Bronze.
- (f) In the event of a tie after the Round Robin has been completed, the tie-breaking procedures will be provided by Volleyball Canada Tie-Breaking rule.

5. Placement:

Playing Rules

- (a) Men and Women - follow Canada Volleyball rules except for net height.
- (b) Mixed – the serving order and positions on the courts at service shall be male and female alternating. Men should only block men.

Team Composition

- (a) Six (6) men or women minimum on the court at all times.
- (b) Mixed: Three women (3) and three (3) Men minimum on the courts at all times.
- (c) Teams may only substitute for a member of the same sex (i.e., Men for Men and Women for Women).

Net Height

The height shall be measured from the centre of the court to the top of the net. The height at the sideline must not exceed the official height by more than 2 cm (3/4").

Female: 2.19 m (7' 2 1/8")

Male and Mixed: 2.38 m (7' 9 5/8")

Uniforms

Uniforms must have numbered, matching tops.

Libero

Each team may identify one Libero. The Libero (Male or Female) can only substitute with a player of the same sex (i.e., Men for Men and Women for Women). The Libero Male or Female may change every set.

Substitutions

We will follow Volleyball Canada rules except as stated in this document and that we will allow up to 12 substitutions.

6. Medals:

Gold, Silver and Bronze medals will be awarded to all players, coaches, and managers on the top three teams in each Division.

7. Zone Playoffs:

Zone playoffs are not necessary, as each Zone may send an unlimited number of teams.